

Introduction to

# CHEERLEADING



CVYCA Rookies



- ☆ **NEW this year – a non-competitive team for ages 7 & under**
- ☆ **14-week program for children who are new to cheerleading**
- ☆ **\$75 registration fee includes shirt and hair bow**
- ☆ **Uniform fittings Thurs., May 23 Eagle View Cafeteria @5:30 pm**
- ☆ **5 summer practices 6-7:30 pm – August 1, 6, 13, 14, 15**  
**Once school begins, 1 evening practice per week**  
**Last practice of the season is during the week of November 4**
- ☆ **Picture Day in Chapman Stadium Sat., Sept. 28** Rain date Sun., Sept 29
- ☆ **Will cheer for 2 - 4 home football games**
- ☆ **Will perform at 3 cheerleading competitions**
- ☆ **Optional participation in the Mechanicsburg Halloween Parade on Tuesday, October 8**

This is a FUN-damental cheer team with the focus on learning basic skills in recreational cheerleading - jumps, stunting, tumbling and dance. During the course of this 14-week program, cheerleaders will learn an actual routine that they will perform three times in the fall.

1. Sneak Peek in October at Cumberland Valley High School
2. Central Dauphin Rams Spirit Competition on Nov 2
3. Cumberland Valley Cheer Classic on Nov 9

No prior experience is necessary.

## ADDITIONAL INFORMATION

Questions: Bethany Mullin – bethany.mullin@gmail.com or text (717) 443 -7372  
Website: www.cvcheer.org  
Like us on Facebook: Cumberland Valley Youth Cheer Association  
Registration Link: <https://go.teamsnap.com/forms/192788>

Over for Registration Flyer ->